

# Pro-Am Open

## SYLABUS - Katalóg figúr - povinný repertoár

Katalóg figúr vychádza z dokumentu WDSF Syllabus.

### *Latinsko - americké tance*

SAMBA		
#	Názov	Trieda
1	Natural Basic Movement	E,D,C
2	Reverse Basic Movement	E,D,C
3	Progressive Basic Movement	E,D,C
4	Side Basic Movement to L	E,D,C
5	Side Basic Movement to R	E,D,C
6	Outside Basic	E,D,C
7	Samba Whisk to L	E,D,C
8	Samba Whisk to R	E,D,C
9	Stationary Samba Walks	E,D,C
10	Promenade Samba Walks	E,D,C
11	Side Samba Walks	E,D,C
12	Reverse Turn	E,D,C
13	Promenade to Counter Promenade Botafogos	E,D,C
14	Side Samba Chasse	E,D,C
15	Travelling Botafogo Forward	E,D,C
16	Travelling Botafogo Backward to PP	E,D,C
17	Criss Cross Botafogos	E,D,C
18	Criss Cross Volta to R	E,D,C
19	Criss Cross Volta to L	E,D,C
20	Traveling Volta to R	E,D,C
21	Travelling Volta to L	E,D,C
22	Underarm Turn Turning T	E,D,C
23	Underarm Turn Turning L	E,D,C
24	Solo Spot Volta Turning L	E,D,C
25	Solo Spot Volta Turning R	E,D,C
26	Continuous Solo Spot Volta Turning L	E,D,C
27	Continuous Solo Spot Volta Turning R	E,D,C
28	Rhythm Bounce	D,C
29	Maypole - Lady turning R	D,C
30	Maypole - Lady turning L	D,C

31	Cruzados Walks	D,C
32	Cruzados Lock	D,C
33	Continuous Cruzados Lock	D,C
34	Dropped Volta	D,C
35	Circular Voltas Turning R	D,C
36	Circular Voltas Turnig L	D,C
37	Solo Circular Voltas Turning R	D,C
38	Solo Circular Voltas Turning L	D,C
39	Same Foot Botafogos	D,C
40	Samba Locks Lady on L Side	D,C
41	Samba Locks Lady on R Side	C
42	Foot Change: Method 1 - LF Forward	C
43	Foot Change: Method 2 - RF Forward	C
44	Foot Change: Method 3 - Kick Ball Change	C
45	Natural Roll	C
46	Reverse Roll	C
47	Close Rocks	C
48	Open Rocks	C
49	Backward Rocks	C
50	Plait	C
51	Corta Jaca	C
52	Same Position Corta Jaca	C
53	Double Spiral Turn (Three Step Turn)	C
54	Promenade to Counter Promenade Runs	C
55	Drag	D,C
56	Rolling off the Arm	D,C
57	Carioca Runs	D,C
58	Argentine Crosses	D,C

CHACHA		
#	Názov	Trieda
1	Time Step	E,D,C
2	Close Basic Movement	E,D,C
3	Open Basic Movement	E,D,C
4	New York to R	E,D,C
5	New York to L	E,D,C
6	Hand to Hand to R	E,D,C
7	Hand to Hande to L	E,D,C
8	Spot Turn to R	E,D,C

9	Spot Turn to L	E,D,C
10	Underarm Turn Turning to R	E,D,C
11	Underarm Turn Turning to L	E,D,C
12	Three Cha Cha Chas to R	E,D,C
13	Three Cha Cha Chas to L	E,D,C
14	Shoulder to Shoulder	E,D,C
15	Aida	E,D,C
16	Fan	E,D,C
17	Open Hip Twist	E,D,C
18	Open Hip Twist to Chasse	E,D,C
19	Close Hip Twist	E,D,C
20	Close Hip Twist to Chasse	E,D,C
21	Hockey Stick	E,D,C
22	Hockey Stick to Chasse	E,D,C
23	Alemana	D,C
24	Alemama from Open Opposing Position	D,C
25	Natural Top	D,C
26	Cross Basic	D,C
27	Cross Basic with Turn	D,C
28	Cross Basic to Open Opposing Position	D,C
29	Method of Changing Foot: Simple Foot Change	D,C
30	Method of Changing Foot: Method 1 - Chasse to R Side Link	D,C
31	Method of Changing Foot: Method 2 - Lock to R Side Link	D,C
32	Method of Changing Foot: Method 3 - Link to Open Opp Pos	D,C
33	Split Cuban Break to R	D,C
34	Split Cuban Break to L	C
35	Cuban Breaks to R	C
36	Cuban Breaks to L	C
37	Close Hip Twist Spiral	C
38	Open Hip Twist Spiral	C
39	Turkish Towel	C
40	Sweetheart	C
41	Follor my Leader	C
42	Syncopated Open Hip Twist	C
43	Curl	C
44	Rope Spinning	C
45	Overtured Lock Ending	C
46	Continuous Overtured Lock	C
47	Swivel from Overtured Lock	C
48	Swivel Hip Twist	C

49	Swivels	C
50	4 Walks and Whisk	C
51	Advanced Method of Changing Feet	C

JIVE		
#	Názov	Trieda
1	Basic in Place	E,D,C
2	Basic in Fallaway	E,D,C
3	Change of Place from R to L	E,D,C
4	Change of Place from L to R	E,D,C
5	American Spin	E,D,C
6	Change of Place behind the Back	E,D,C
7	Link	E,D,C
8	Whip	E,D,C
9	Promenade Walks - Slow	E,D,C
10	Promenade Walks - Quick	E,D,C
11	Fallaway Throwaway	D,C
12	Change of Place from R to L with Double Spin	D,C
13	Overtured Change of Place from L to R	D,C
14	Double Cross Whip	D,C
15	Throwaway Whip	D,C
16	Reverse Whip	D,C
17	Curly Whip	D,C
18	Overtured Fallaway Throwaway	D,C
19	Stop and Go	D,C
20	Hip Bump	D,C
21	Windmill	D,C
22	Mooch	D,C
23	Spanish Arms	C
24	Chicken Walks	C
25	Rolling off the Arms	C
26	Simple Spin	C
27	Rock to Simple Spin	C
28	Flicks into Break	C
29	Toe Heel Swivels	C
30	Sugar Push	C
31	Miami Special	C
32	Shoulder Spin	C

33	Chugging	C
34	Catapult	C
35	Ball Change	C

RUMBA		
#	Názov	Trieda
1	Close Basic Movement	D,C
2	Open Basic Movement	D,C
3	New York to R	D,C
4	New York to L	D,C
5	Hand to Hand to R	D,C
6	Hand to Hand to L	D,C
7	Spot Turn to R	D,C
8	Spot Turn to L	D,C
9	Underarm Turn Turning to R	D,C
10	Underarm Turn Turning to L	D,C
11	Side Walks and Cucarachas	D,C
12	Fan	D,C
13	Open Hip Twist	D,C
14	Open Hip Twist Finished to Side	D,C
15	Hockey Stick	D,C
16	Hockey Stick Finished to Side	D,C
17	Opening Out	D,C
18	Shoulder to Shoulder	D,C
19	Alternative Basic Movement	D,C
20	Close Hip Twist	D,C
21	Close Hip Twist Finished to Side	D,C
22	Alemana	D,C
23	Alemana Finished to Side	D,C
24	Progressive Forward Walks	D,C
25	Progressive Forward Walks to Fan	D,C
26	Aida	D,C
27	Continuous Hip Twist	D,C
28	Cuban Rocks	D,C
29	Fencing to Spin	D,C
30	Continuous Circular Hip Twist	D,C
31	Syncopated Open Hip Twist	D,C
32	Natural Top	D,C

33	Reverse Top	C
34	Curl	C
35	Curl Finished to Side	C
36	Spiral	C
37	Spiral Finished to Side	C
38	Spiral to Fan	C
39	Three Alemanas	C
40	Sliding Doors	C
41	Advanced Sliding Doors	C
42	Three Threes	C
43	Three Threes to Fan	C
44	Rope Spinning	C
45	Swivels	C
46	Overtured Basic	C
47	Forward and Backward Walks Amalgamations	C

<b>PASO DOBLE</b>		
#	Názov	Trieda
1	Basic Movement	C
2	Sur Place	C
3	Chasses to R	C
4	Drag	C
5	Chasses to L	C
6	Attack	C
7	Huit	C
8	Separation	C
9	Natural Twist Turn	C
10	Promenade	C
11	Closed Promenade	C
12	Promenade Link	C
13	Sixteen	C
14	Promenade to Counter Promenade	C
15	Grand Circle	C
16	Banderillas	C
17	Fallaway Reverse	C
18	Fallaway Whisk	C
19	Spanish Lines	C
20	La Passe	C
21	Syncopated Separation	C

22	Flamenco Taps	C
23	Twists	C
24	Chasse Cape	C
25	Chasse Cape Ending 1, 2, 3	C
26	Travelling Spins from PP	C
27	Travelling Spins from CPP	C
28	Syncopated Coup de Pique	C
29	Separation with Lady's Caping Walks	C
30	Farol	C
31	Fregolina	C
32	Syncopated Chasse	C
33	Left Foot Variation	C
34	Coup de Pique (changing from LF to RF)	C
35	Coup de Pique (changing from RF to LF )	C

### **Štandardné tance**

<b>WALTZ</b>		
#	Názov	Trieda
1	Closed Change on RF	E,D,C
2	Closed Change on LF	E,D,C
3	Natural Turn	E,D,C
4	Reverse Turn	E,D,C
5	Progressive Chasse to R	E,D,C
6	Whisk	E,D,C

7	Back Whisk	E,D,C
8	Outside Change	E,D,C
9	Basic Weave	E,D,C
10	Chasse from PP	E,D,C
11	Backward Lock	E,D,C
12	Open Natural Turn	E,D,C
13	Hesitation Change	D,C
14	Natural Spin Turn	D,C
15	Double Reverse Spin	D,C
16	Telemark	D,C
17	Telemark to PP	D,C
18	Weave from PP	D,C
19	Impetus	D,C
20	Impetus to PP	D,C
21	Drag Hesitation	D,C
22	Outside Spin	D,C
23	Natural Turning Lock	D,C
24	Reverse Turning Lock	D,C
25	Wing	C
26	Wing from PP	C
27	Cross Hesitation from PP	C
28	Reverse Pivot	C
29	Fallaway Natural Turn	C
30	Running Weave from PP	C
31	Running Spin Turn	C
32	Overtuned Running Spin Turn	C
33	Running Cross Chasse	C
34	Fallaway Reverse and Slip Pivot	C
35	Hover Corte	C
36	Curved Feather	C
37	Running Finish	E,D,C
38	Outside Swivel	C
39	Progressive Chasse to L	E,D,C
40	Bounce Fallaway and Weave Ending	C
41	Quick Open Reverse	C

TANGO		
#	Názov	Trieda



1	Tango Walk	D,C
2	Tap - Alternative Entries to PP	D,C
3	Progressive Side Step	D,C
4	Brush Tap	D,C
5	Progressive Link	D,C
6	Closed Promenade	D,C
7	Open Promenade	D,C
8	Back Corte	D,C
9	Basic Reverse Turn	D,C
10	Open Reverse Turn	D,C
11	Rock on LF	D,C
12	Rock on RF	D,C
13	Natural Rock Turn	D,C
14	Natural Twist Turn from PP	D,C
15	Natural Turn from PP	D,C
16	Promenade Link turned to R	D,C
17	Promenade Link turned to L	D,C
18	Back Open Promenade	D,C
19	Fallaway in Promenade	D,C
20	Whisk	D,C
21	Back Whisk	D,C
22	Progressive Side Step Reverse Turn	D,C
23	Four Step	D,C
24	Fallaway Four Step	D,C
25	Outside Swivel : Method 1, 2, 3	D,C
26	Four Step Change	C
27	Five Step	C
28	Mini Five Step	C
29	Quick Reverse Turn	C
30	Fallaway Reverse and Slip Pivot	C
31	Telemark to PP	C
32	Open Natural Turn	C
33	Outside Spin	C
34	Natural Twist Turn	C
35	Chase	C
36	Chase Alternative Ending - method 1, 2, 3, 4	C
37	Reverse Pivot	C

<b>VIENNESE WALTZ</b>		
#	Názov	Trieda
1	Natural Turn	E,D,C
2	Reverse Turn	E,D,C
3	RF Forward Change Step - Natural to Reverse	E,D,C
4	LF Forward Change Step - Reverse to Natural	E,D,C
5	RF Backward Change Step - Natural to Reverse	E,D,C
6	LF Backward Change Step- Reverse to Natural	E,D,C

<b>SLOWFOX</b>		
#	Názov	Trieda
1	Feather Step	C
2	Three Step	C
3	Feather Finish	C
4	Feather Ending	C
5	Hover Feather	C
6	Natural Turn	C
7	Reverse Turn	C
8	Basic Weave	C
9	Natural Turn Weave	C
10	Change of Direction	C
11	Heel Pull Finish	C
12	Whisk	C
13	Back Whisk	C
14	Open Natural Turn	C
15	Double Reverse Spin	C
16	Telemark	C
17	Telemark to PP	C
18	Hover Telemark	C
19	Hover Telemark to PP	C
20	Natural Telemark	C
21	Natural Hover Telemark	C
22	Impetus	C
23	Impetus to PP	C
24	Weave from PP	C
25	Hover Cross	C
26	Top Spin	C
27	Outside Swivel	C
28	Outside Spin	C
29	Reverse Wave	C

30	Natural Twist Turn	C
31	Natural Twist Turn with Natural Weave	C
32	Cruzados Lock Natural Twist Turn with Impetus and Feather Finish	C
33	Natural Twist Turn with Impetus to PP	C
34	Natural Zig Zag from PP	C
35	Curved Three Step	C
36	Curved Feather	C
37	Curved Feather from PP	C
38	Back Feather	C
39	Fallaway Reverse and Slip Pivot	C
40	Bounce Fallaway and Weave Ending	C
41	Running Weave from PP	C
42	Quick Open Reverse Turn	C
43	Extended Reverse Wave	C
44	Reverse Pivot	C
45	Progressive Chasse to R	C
46	Hover Corte	C

<b>QUICKSTEP</b>		
#	Názov	Trieda
1	Natural Turn	E,D,C
2	Reverse Turn	E,D,C
3	Progressive Chasse to R	E,D,C
4	Progressive Chasse to L	E,D,C
5	Cross Chasse	E,D,C
6	Quarter Turn to R	E,D,C
7	Quarter Turn to L	E,D,C
8	Outside Change	E,D,C
9	Natural Pivot	E,D,C
10	Running Finish	E,D,C
11	Backward Lock	E,D,C
12	Forward Lock	E,D,C
13	Open Natural Turn	E,D,C
14	Natural Spin Turn	D,C
15	Hesitation Change	D,C
16	Double Reverse Spin	D,C
17	Impetus	D,C
18	Impetus to PP	D,C
19	Telemark	D,C
20	Telemark to PP	D,C
21	Whisk	D,C

22	Back Whisk	D,C
23	Open Reverse Turn	D,C
24	Tipple Chasse to R - at the corner	D,C
25	Tipple Chasse to R - at the corner	D,C
26	Tipple Chasse to L	D,C
27	Four Quick Run	D,C
28	Zig Zag	D,C
29	V 6	D,C
30	Outside Spin	D,C
31	Reverse Pivot	C
32	Natural Turning Lock	C
33	Drag Hesitation	C
34	Cross Swivel	C
35	Fishtail	C
36	Fishtail	C
37	Running Cross Chasse	C
38	Six Quick Run	C
39	Tipsy to R	C
40	Tipsy to L	C
41	Rumba Cross	C
42	Hover Corte	C
43	Weave from PP	D,C
44	Natural Fallaway Turn	C
45	Wing	C
46	Wing from PP	C
47	Curved Feather	C
48	Running Spin Turn	C